

testimony

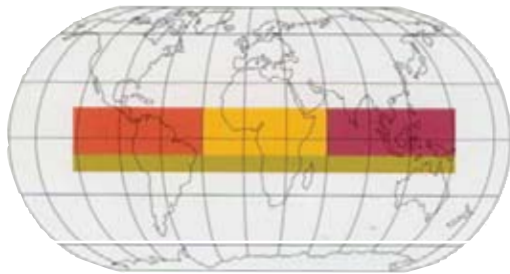
A word from Dr. Iqram Bux, ASPIRE trainee and San Francisco course participant

*P*rior to this course, my knowledge about HIV was good relative to the environment I work in. This course has taken my knowledge to another level, which will truly enhance the work I do in Southern Africa.

The speakers were well chosen and it was a privilege to listen to such respected professionals who made time to share their knowledge with us. The teaching processes were highly commendable; they were interactive and generated lively discussions. Our attendance at the clinic gave us insight into an excellent model of care.

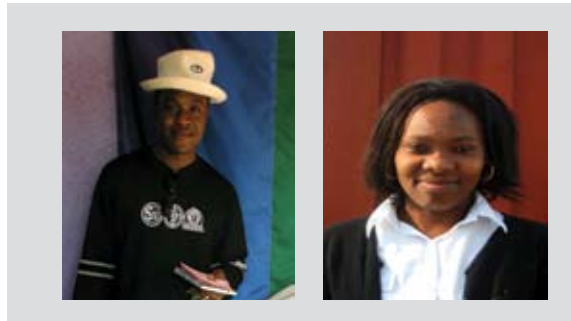
I have to admit that until this course, I was beginning to stagnate in my work environment owing to political, resource and other frustrations. However, this training renewed my motivation and inspired me to enhance my efforts back home. The personal impact of this course goes beyond the mere transfer of knowledge. It has contributed to skill development, attitude changes, and it has even taught me more about myself.

*—Iqram Bux, MBChB
Durban, South Africa*



location

The ASPIRE global administration office is located in Building 80 on the San Francisco General Hospital campus of the University of California San Francisco. Currently, ASPIRE staff are working in Tanzania, Zimbabwe, Côte d'Ivoire, Uganda and South Africa.



aspire team

Our interdisciplinary team draws from the rich clinical, research, and training resources within PHP.

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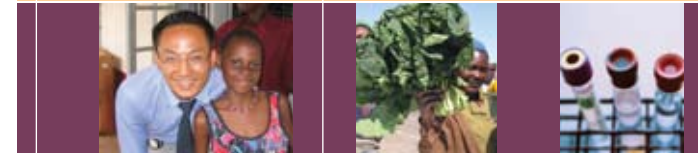
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PositiveHealthProgram
HIV/AIDS Division at SFGH

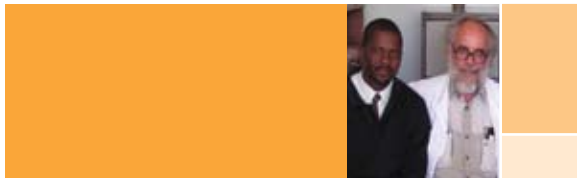
aspire (AIDS Services, Prevention, Intervention, Research and Education)

engaged, globally.



UCSF

University of California
San Francisco



mission

To build the capacity of clinics and hospitals in resource limited settings for the care of people with HIV/AIDS.

goals

ASPIRE (AIDS Services, Prevention, Intervention, Research and Education) is the international education and training arm of the UCSF Positive Health Program at San Francisco General Hospital. We help organizations around the world to build their capacity to serve local communities and enhance the quality of HIV/AIDS care in developing countries. Our approach is to combine clinical mentorship, case-based training, and instruction in how to develop systems of care designed to meet local needs. ASPIRE specializes in providing culturally sensitive, family-centered training, primarily in Africa. In all engagements, we commit to long term placements and ongoing relationships with our partner sites. Our objective is to increase local providers' knowledge and skills and we are especially committed to empowering nurses. Since 2004 we've helped sites build their own mentoring programs so that local leaders are equipped to train future generations of providers.

core services

Capacity Building

- Support and supplement existing national HIV/AIDS training programs
- Develop care delivery systems (patient flow, community linkages)
- Train nurses in the management of HIV/AIDS
 - o Primary patient care
 - o Program development and administration

Improving Care Quality

- Provide case-based and clinically centered training in the management of all aspects of HIV/AIDS
- Offer side-by-side clinical mentoring of nurses, doctors, medical officers

active sites and current projects

Côte d'Ivoire (Partner EGPAF)

- Clinical exchange and training program with a university teaching hospital in Abidjan

Zambia (Partners EGPAF and CIDRZ)

- Training of clinical officers, medical officers, and nurses in the Lusaka Health District
- Case-based didactic training, side-by-side clinical mentoring, and participation in the development of clinical guidelines and algorithms

Tanzania (Partner EGPAF)

- Training and mentoring of nurses and doctors at EGPAF PEPFAR sites throughout Tanzania
- Participation in the development and provision of the National HIV/AIDS training program
- Development and provision of a nationally approved refresher course
- Specific focus on expansion of the role of nursing and development of nurse leaders and trainers

Kenya (Partner WGHI and Kenya CDC)

- Training support in the rollout of antiretroviral programs in Nyanza Province

Zimbabwe (Partners I-TECH, GHS, CDC ZIM)

- Participation in the development of national training curricula
- Side-by-side clinical mentoring
- Participation in three way "twinning" between UCSF, University of Zimbabwe, and University of Witswaters
- Development of nurse mentoring program

San Francisco HIV/AIDS Clinical Training

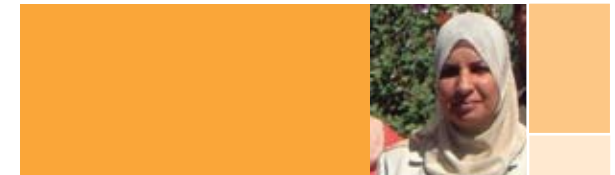
- Tailored modules integrating lectures, clinical preceptorships, and clinical site visits
- Skill development, models of care, program development
- In-country follow-up mentoring



international training at san francisco general hospital

ASPIRE on-site training programs for international visitors are based on innovative curricula that combine lectures, clinical preceptorships, and clinical site visits. Training promotes the PHP model of treating patients holistically and addressing the realm of patients' conditions in addition to HIV disease. Graduates of our training program note a significant, positive impact on their outlook and morale. By emphasizing leadership skills and compassion, the program infuses participants with new inspiration to tackle the ongoing challenges they face providing care in some of the world's most resource-limited settings.

ASPIRE began training international clinicians in the early 1990s. As of January 2005, we have hosted numerous programs, including:



- Four physicians from China in a four-week course (January-February 2005)
- Seven physicians and nurses from Zimbabwe and South Africa in a two-week course (February 2005)
- Nine providers from Ethiopia, Uganda, Rwanda, India, Nepal, China, Poland, and Jamaica in a two-week course (May 2005)
- Nineteen Egyptian physicians, nurses, and consultants in sequential two-week courses (September 2005)
- Four providers from South Africa, Uganda, and India in a two-week course (May 2006)